Bulletin





HSE DAY, celebrating 5 Million Safe Man Hour

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Editorial Office



TECHNOFIT 7 Core Values Awareness

BY UMI NADIA

TECHNOFIT launched a campaign on 7 Core Values Awareness. As the name suggested, it was to spread









awareness to all members of TECHNOFIT about the significance of 7 Core Values.

The 7 core values were announced by Group Managing Director, Tn Hj Mohd Izuddin bin Hj Mohd Ilias and he encouraged that the values should be inculcated in all staff in TECHNOFIT Group of

Companies. TECHNOFIT 7
Core Values serve as a catalyst in helping all staff achieve their full potential and to provide them with conducive work environment where integrity, honesty and mutual respect are cherished and rewarded. The 7 core values include Teamwork, Trustworthiness, Respect, Responsibility,

Excellence, Communication and Commitment. All these are essential in making sure that the company is able to operate efficiently and to avoid operational hiccups. Through time, it is hoped that these values would be in grained in all of TECHNOFIT staff and could be mirrored through our productivity.

Geeco 6th International



Seminar

The Geeco Sixth International Seminar, entitled Rotary Air Preheaters, Electrostatic Precipitators, Boiler Performance, Testing and CFD was held Tiruchirapalli, India. The twoday Seminar, held on 22nd and 23rd February 2016 was themed 'Save Energy, Save Environment, Save Earth.

The prime focus of the seminar was to build close interaction between all users and manufacturers. Other than that, it was also organized to create a forum where participants could exchange information

BY SOORIA NARAYANAN

concerning current developments, improvements of aspects to enhance availability and efficiency. Participants could also share various proven case studies which were highly relevant to the current environment, design and identify common agreeable solutions for problems faced by users in Boiler Systems (Rotary Air Preheater, Electrostatic Precipitators and Boiler Performance Testing and additionally focusing to Computational Fluid Dynamics) which were installed across the globe.









PROJECT TAKEN OVER

BY MUSTAJAB

Another day to be written down in the diary of TECHNOFIT- On 20th February 2016, SAMSUNG C&T handed over the PRAI Power Plant to TNB Northern Energy.

A Taking- Over Ceremony was held on 9th March 2016 by SAMSUNG C&T. As TECHNOFIT was involved in this project, TECHNOFIT was invited to attend the precious event. Congratulations to all PRAI team members for all the hard work and achievement!





HAPPY BIRTHDAY! We wish you a very blessed birthdau!

BY MONISHA



- 01 KAARTHIG
- **03 CHANDRASEGAR**
- O7 SUTAMAT
- 07 NURUL SYUHADA
- 09 MOHD SUKTEH
- 11 ROSHIMA
- 11 KAMARUZAMAN
- 12 MOHAMAD JABID
- 14 NOR MAZNI
- 19 KARTHIGAYAN
- 21 NOORIZAT
- 21 SELVA
- 22 WONG CHEE KEONG
- 25 AZURA
- 26 AHMAD FUAD
- 26 MUHAMMAD FAIRUZ
- 27 THIAGAREJEN



- OZ MUKHLES
- 12 HAFIIDH
- 13 THILL AIKAUSALYAA
- 15 SUBARI
- 16 ZAIRI
- 16 LOKMAN
- 19 RIDZUAN
- 23 LOGANATHAN



- **08 NORSHAHRIN**
- 09 ZUI HAFIZ
- 10 SAADALSUUD
- 10 ASYIKIN
- 15 HAFIELIZ
- 17 SADANADAN
- 17 HIDAYAT
- 19 HAYATI
- 23 FARID
- 24 ZAMRI
- 29 SYAKIR



- 04 KESAVAN
- 13 КНОМ
- 13 AZRI
- 15 YOGA
- 15 ZULKARNAIN
- 16 DZULHELMY
- 21 AINI
- 23 KHAIRUN NADIAH

- 29 SOORIA



- 04 MALIKI
- 04 ZULHANIS
- 05 ZAIRUL
- 11 UMI
- 11 WAHIDDAN
- 12 SYAZWAN
- 18 SHACI
- 20 ILYAS
- 21 AYSRAF
- 21 MATHAN
- 25 WONG
- 26 FATHUDDIN







04 RUSNAH

- OS NUR ASHILA
- 10 MIMI SHAHIRA
- 10 MOHAMMAD HAZANI
- 10 M.KAMARUL NADZREEN
- 11 MEGAT AHMAD KAMIL
- 16 MOHD FAIZAL
- 17 ALI BAKRI
- 18 SYAZMIEROL ASMADIEY
- 20 MOHD SHAFIQ
- 22 SHAHRUI NIZAN
- 22M.SHAHRULNIZAM

- 25 HAMIZIL FAKHRI 28 HASMIDAR HAWA 30 ROZANA 30 MUSTAFFASHA 30 PARAMISWARAN 31 NIZAM FIKRI

November

02 MOHD ALIFF

- 03 SANGKAR
- 07 NUR ASRAYI
- 07 MOHD AFFAN
- 07 PARAMMESVARA
- 10 AMIRUL HAZMAN 16 MOHD FAIRUZ
- 17 NURUL NADIA
- 21 MOHAMAD
- SYAFFUAN
- 22 MOHD NAZRIN
- 25 WAN SUFLIAH 26 AMRINA
- 27 NURUL ATIQAH
- 28 MOHD SUFFIAN 28 MOHAMAD HANIF
- 29 PIRAGAS
- 30 MAZIDAH



04 THIRUNAVAKARASU

- 04 PRAKESH
- 05 MOHAMAD HASRUN
- 07 M.TAUFIK IRWAN
- 10 MOHD LUQMAN
- 11 LUQMANUL HAKIM
- 13 MONISHA
- 13 RADHAPRASAD
- 15 M.ANAS
- 17 NURHIDAYAH
- 18 NAZER
- 18 RAFIZA 22 SHAFIDATUL
- 22 M.HAZIQ SYAZNE
- 23 M.RASHID
- 24 CHRISTIE







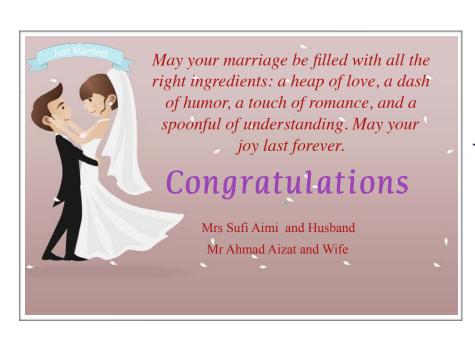




Mr ED's Birthday Bash

BY KHAIRUN NADIAH

It was a joyful day for TECHNOFIT as everyone gathered to celebrate the day our Executive Director, Mr Sugumaran Narayanasamy turned 51. The surprise treat was prepared in TECHNOFIT headquarters' board room. Everyone was feasted with lots of delicious food and it was a time where everyone enjoyed each other's company. We wish Mr Sugumaran a very blessed birthday, may he live long, healthy, happy and in prosperity.



Reople may grieve differently, but what is important is that we grieve together. We are all deeply saddened by the news of your loss. Our deepest condolences & Salam Takziah to Mrs. Nor Azira Lebar, Ms. Roshima Abdul Manaf and Mrs. Hasmidar Hawa Lut for the loss of your Father & to Mr. Muhammad Anas Che Arif for the loss of your beloved mother.

Our hearts go out to you during the trying time and may our prayers serve as comfort to you and your loved ones.

HSE DAY (SAFE DRIVING HUNT & COLOURING COMPETITION)







BY MAZIDAH

On March 26th, TECHNOFIT Sdn Bhd went to Sekolah Kebangsaan (SK) Bandar Sungai Buaya, Rawang to celebrate their Health and Safe Environment Day. The program was organised by the Health, Safety and Environment Department in collaboration with TECHNOFIT Social and Recreational Club (TSREC). It was also an effort to honour the company's Corporate and Social Responsibility (CSR) towards the community. It was a funpacked day as it involved exciting activities and participants from TECHNOFIT Sdn Bhd as well as students and teachers

from SK Bandar Sungai Buaya.

Mr Abdul Rahman bin Mat, the school headmaster, together with TECHNOFIT's Group Managing Director, Tn Hj Mohd Izuddin bin Hj Mohd Ilias officiated the first activity of the day- colouring competition. A total of 100 pupils, comprised of students of standard 1 to standard 6 took part in the competition.

Apart from the colouring competition, HSE Department also arranged for another exciting activity, which was the Safe Driving Hunt. Executive Director, MrSugumaran s/o Narayanasamy launched the activity and it was joined by

TECHNOFIT staff and the teachers of SK Bandar Sungai Buaya. The hunt was aimed to motivate staff on the benefit of best safety practices on the road. The participants raced as they were required to complete all the tasks given within only 2 hours.

All of the winners for the competitions were announced on the day and the prize giving ceremony was held on 1st April 2016.





HSE DAY

BY MAZIDAH

To commemorate 5 Million of Safe Man Hour, HSE Department organised

another event on 1st April at Cyberjaya University College of Medical Sciences (CUCMS). All TECHNOFIT staff attended the event as well as the students of CUCMS. It was another program aimed at improving TECHNOFIT's engagement with the community. It also served as a platform for the staff in TECHNOFIT to strengthen their bonds and have fun, being away from serious work in the office. The event started at 8.30 am in the morning with booth exhibition from local authorities, namely National Anti-Drugs Agency (Agensi Anti-Dadah, AADK) Sepang, KPJ Specialist Kajang, Putrajaya Fire and Rescue Department, Department of Safety and Health (DOSH) and Department (DOE). Visitors of the exhibition got the chance to expose themselves to the nature of their work and learn more about various organisations which participated in the exhibition.

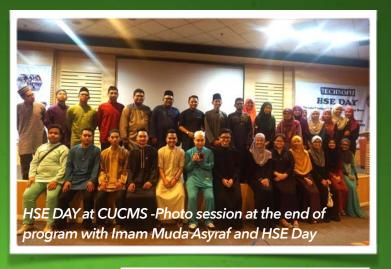
During the day, along with the exhibition, there was also a talk on safety by Mr Fakhrul Anwar, an Occupational Safety and Health Management System (OSHMS) expert. Mr Fakhrul shared his precious knowledge and at the same time motivated the participants to observe and

adhere to the system more earnestly.

Later in the evening, the program proceeded with a religious talk by the esteemed Imam Muda Asyraf. He took the stage and delivered his insights about safety from the perspective of Islam.

The evening session also included prize giving ceremony for the winners of Safe Driving Hunt and Colouring Competition which were held on 26th March 2016. Other than that, prizes were also given to winners of HSE quiz which was joined by TECHNOFIT staff and students of Sekolah Kebangsaan Bandar Sungai Buaya.











MOMENTS
DURING
HSE DAY
2016



TECHNOFIT ENERGY ACHIEVEMENT

BY ALI BAKRI

As Malaysia was in quite a rather sombre economic environment, TECHNOFIT put existing projects' completion as our top priority in the effort to batter the current recessionary. TECHNOFIT successfully completed the supply of 250MVA Spare Transformer to Ayer Tawar, the supply of 3 units of IVT to Johor Asset Management Department, the supply of 240MVA Spare Transformer to PAKA, Terengganu and the supply of 90MVS Spare Transformer to Bt Sentosa.

Tasek Cement conversion from 2x60MVA 132/22KV to 2x90MVA 132/33KV had already been at the final stages of the project. The Pre Inspection stage had been completed and during the third week of April, Tenaga Nasional Berhad (TNB) started verifying all documents for Civil and Electrical purposes followed by site verification. Once all processes are through, TNB would conduct their commission before the

Meanwhile, at Kuala Ketil, 80 percent of the civil works were done, and the 2x240MVA transformers would be erected during the third week of April 2016. The delivery of all remaining equipment, structures, mono

end of April 2016.

poles and others would be in full swing by May and June 2016. The project was forecasted to complete by November 2016.

At TCMT, the commissioning of the sub-station was at the very final stage and was expected to be signed off before the end of April 2016. TECHNOFIT would like to express our gratitude to all team members who had dedicated their hard work to complete the tasks in hand.





LEKIR BULK TERMINAL

BY MOHD KAMAL

On the 2nd of February 2016, TECHNOFIT embarked on a new project named the Lekir Bulk Terminal. TECHNOFIT was responsible for the fabrication of Phase 1A conveyors BC3, TC3, MSC3, IC1 and other related conveyors. Furthermore,

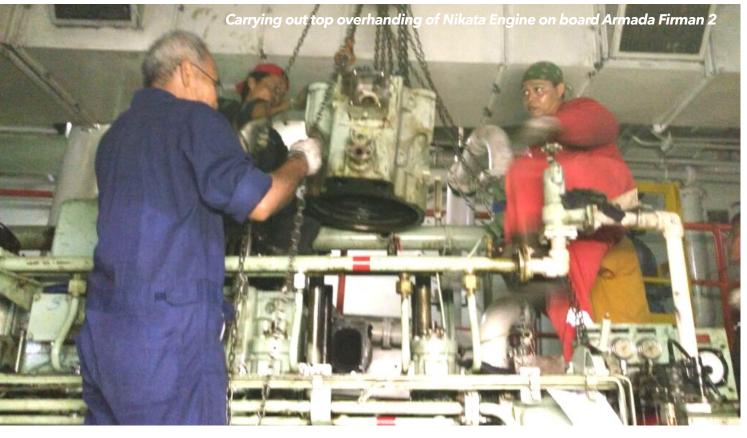
TECHNOFIT took charge in all modification works including all related chutes and transfer conveyors inside existing TS1 and TS2 from existing SUL1, SUL2 and SUL3 to TNB delivery points 1 and 2 which had been designed by Hyundai Rotem Malaysia Sdn Bhd.

TECHNOFIT takes full responsibility for the project in making sure that all material purchasing, fabrication, machining, coating, painting, packing and delivery run smoothly. The project is expected to complete by mid of June 2016.





TECHNOFIT MARINE & OFFSHORE SWIFT SERVICE



BY A. FRANCIS

Another pivotal project was taken up by TECHNOFIT Marine and Offshore Services Sdn Bhd. TECHNOFIT took the liberty of providing Engineering and Marine Fitters services to carry out top overhandling of Nikata Engine onboard Armada Firman 2. The project was awarded by Bumi Armada Bhd. Time efficiency was crucial as the works were

executed on urgent basis. TECHNOFIT managed to complete all the works within 7 days.

CARRYING OUT TOP
OVERHANDING OF NIKATA
ENGINE ON BOARD
ARMADA FIRMAN 2





ALSTOM PAC CELEBRATION





BY YUSINDRA

On 2nd April 2016, TECHNOFIT in Southern Region were all smiles as they celebrated the award of Alstom Tanjung Bin Professional Acceptance Certificate. Alstom invited all contractors who were invloved in the Tanjung Bin Project to celebrate the PAC and 8 Million Manhours without LTI. The event took place at East Ledang Resort Club House, Persiaran Ledang Heights, Nusajaya, Johor.

TECHNOFIT was given recognition for their contribution and support for the best Safe Man Hours achieved in the project which was 8,000,000 Safe Manhours.



ON - JOB TRAINING (OJT) AT NORTHERN REGION





BY NURUL ATIQAH

Efficacy is at the pinnacle when it comes to work in TECHNOFIT. Keeping this in mind, Human Resources/Admin had conducted an on-job training for 34 foreign workers at the

Northern Region (NR) and TECHNOFIT Fabrication (TFF) on 16th March 2016. Mr Yoganathan joined the OJT as the instructor, assisted by an engineer, safety personnel and a scaffolder. The training was

aimed to provide exposure and equip the workers with knowledge on how to handle tools and equipment as well as the method of work. The training also served as a precaution awareness as it would help in reducing risk of incidents at site.











Rough Terrain Crane specifications:

- 70T x 2.5 m maximum lift capacity
- Boom length/sections: 10.0-44.5m/6

sections

- Jib length/sections/offset angles

8.3-13.2m/2sections/ 7° - 60°

- Outrigger width: 2,690-7,600mm

Bobcat specifications:

- 4.1 T maximum lift capacity 13,600mm lifting height-on stabilisers
- 13,300mm lifting height-on

TECHNOFIT - LATEST ADDITION

BY RAJA ROSLIZA

New machines in the house - TECHNOFIT welcomed not one, but two beasts, the 14m Bobcat Telescopic handler and a rough terrain crane. These additions would surely help TECHNOFIT in making sure all operational works run much smoother and with more ease. Having these machines to call our own puts TECHNOFIT at an advantage as TECHNOFIT would not have to rely on outer source in getting the job done. Efficiency in

completing tasks would show improvement, therefore

helping TECHNOFIT to consistently go Beyond Clients' Expectation.

With simplistic design, the 1 4 m Bobcat allows TECHNOFIT to be stress-free and provide 100% confidence upon handling the machine. A class of its own, the machine is definitely brought in to enable TECHNOFIT's operational team to work with best possible efficiency and productivity while maintaining focus on safe operation. The machine is able to lift up to 4.1T.

The rough terrain crane is definitely one of the most useful machines in TECHNOFIT's growing number of heavy machinery fleet. With maximum lifting capacity being 70 ton, the SR700L would enable TECHNOFIT to deliver excellent performance in power plant construction with greater comfort and confidence. One special feature of the crane is that it is power-operated on extension and works like a luffing jib. The maximum lifting height of the SR700L with jib is 58.6 metres.



BY NORLIZA

TECHNOFIT Synergy takes pride in being one of the leading supply contractors in the industry. TECHNOFIT has proven yet another notable

track record after being responsible to supply and deliver goods to Jimah Power Plant. TECHNOFIT supplied and delivered ESP Rapping Hammer Set, 3 Pin

Plug for flexible bolt heater and flexible bolt heater. Additionally, TECHNOFIT also supplied and delivered steel pipes (HUNAN) to TECHNOFIT Gulf.

TENDER & CONTRACT DEPARTMENT

BY T. CHRISTIE

TECHNOFIT had another reason to be pleased as we had been awarded with new steel fabrication project, the 916 tons for Lekir Bulk Terminal Expansion 2015, phase 1A-Third import Conveyor Line Project. This project is executed at TECHNOFIT's fabrication yard 2.

In the month of March 2016, TECHNOFIT was at the stage of

bidding for Project 2x1000MW Jimah by Toshiba Plant System and Hyundai Engineering for the year 2017.

As for April 2016, TECHNOFIT was in the stage of submission with SIEMENS for Pengerang Project. Delegates from SIEMENS visited TECHNOFIT HQ in Gombak for a 2-day meeting regarding technical clarification.

TOSHIBA

Leading Innovation >>>

SIEMENS



TECHNOFIT

TECHNOFIT INTERNAL PORTAL

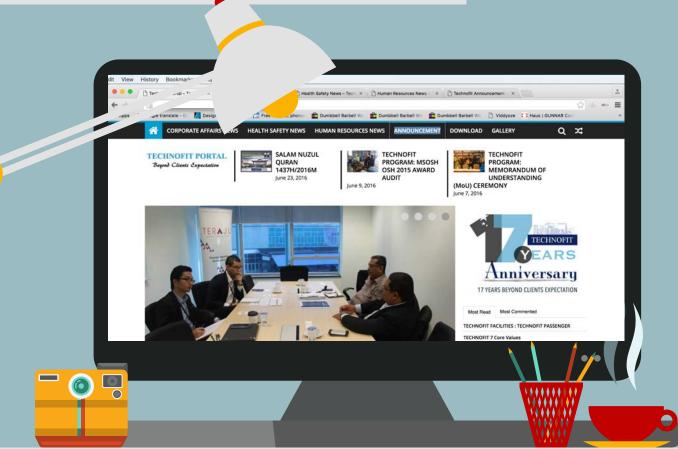
As part of our effort in upholding TECHNOFIT 7 Core Values, IT Division under HR | Admin Department has launched an exclusive portal for all staff of TECHNOFIT.

The portal functions to:

- Disseminate information among all staff about all departments' activities
- Deliver important memos and announcements
- Update all staff regarding current news and programs
- *At the moment, the portal is only available at TECHNOFIT HQ







TECHNOFII 7 CORE **VALUES**

TECHNOFIT 7 Core Values serve to help our people achieve their full potential and to provide them with conducive work environment where integrity, honesty and mutual respect are valued, rewarded and spread out among staff to achieve a common goal.





TRUSTWORTHINESS TEAMWORK RESPECT RESPONSIBILITY **EXCELLENCE** COMMUNICATION COMMITMENT



The Board of Directors, Management and Staff of TECHNOFIT Group of companies wish you a

Blissful Ramadan and Sid Mubarak 1437H|2016







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